

All About Mrs. Thomas



My Family

Husband - Darin

Klds - Mac (19), Ben(17)

Abbey (12)

Picture

on Assateague island,
when we went to Ocean
City, Maryland



About me....

I grew up in upstate New York in the Finger Lakes. I am from a small town and I played many sports (Soccer, Basketball, and Softball) and sang in the choir in high school. I went to the SUNY Cortland (located in NY) for college and I played college softball. I majored in Physical education and Athletic Training.



*This picture is from
one of my favorite
Parks in NY called
Stony Brook.*

About me...

I have been working in education for over 20 years. I have taught Health and Physical Education, been a School Counselor, and worked as an Athletic Trainer. I have worked with all grade levels. I have taught and lived in 4 states - New York, Virginia, Indiana, and Pennsylvania. This is my first year at Hamburg and I am very excited to be joining the Hamburg Area School District family. I came from Salisbury Middle School. I have coached several different sports including cross country, lacrosse, softball, and basketball.



About me....

I like to stay active both in and out of school. I am an avid runner and like to workout daily. I love to be outside and enjoy gardening. I spend my free time with my family attending my kids games. They play football, soccer, and lacrosse.

My favorite type of music is country and top 40.



Most fun thing I did this Summer was....

My family and I went to the Adirondack mountains in New York and stayed on a cabin on an island.



Trivia question about me:

1. In my life I have been a bulldog, red dragon, admiral, confederate, kingsman, caveman, warrior, falcon, and hawk.

What am I talking about?

2. Where have I always wanted to travel too?

(clue - state where the mountain Denali is found)